



Girl Scouts of Southeast Florida
Camp Welaka - Then and Now
Program Requirements

The purpose of this Patch Program is to educate Girl Scouts about the history of Camp Welaka and to encourage exploration of the camp. After fulfilling the requirements (the * is required) the Camp Welaka Ten and Now Patch may be purchased at either Council Shoppe (OPSC or JSC).

Check out detailed instructions for this Patch Program at Council from Emily Zarzycki, Outdoor Program Manager at 561-427-0183.

ACTIVITY #1: Safety

I. Review "Guidelines for Safety" before going to Camp Welaka. **(Required)**

ACTIVITY #2: Girl Scout Wish

II. Write a Girl Scout wish on a piece of paper. Share your wishes, and then fold it into a paper airplane. Hold a flying contest to re-live the way camp sites were originally located.

ACTIVITY #3: Camp Songs

III. Learn and sing one of the Camp Welaka songs or make up camping words to a tune you already know and sing it when entering other campsites.

ACTIVITY #4: Visit Units and Special Places

IV. Visit and identify the units (Eastwind, Hillside, Sandy Ridge, Cedar Hollow, Meadow and Outpost) and at least five of the Special Places (Rood Trail, The Glen, Ruth Sage Memorial Trail, Mac's Retreat (Then) = The Retreat (Now), Hikers' Haven/Ditty's Nest, and the Cat Walk) at Camp Welaka. **(Required)**

ACTIVITY #5: Sea Cloud Circle

V. Hike or canoe to Sea Cloud Circle and learn how it was named. Plan to have a campfire and make S'mores or other treat while listening to the poem, Sea Fever.

ACTIVITY #6: Peace Chapel

VI. Read the story about building the Peace Chapel. Plan and hold a Scouts' Own there.

ACTIVITY #7: Flag Ceremony

VII. Read about the first flag ceremony at Camp Welaka as an introduction to an opening or closing flag ceremony.

ACTIVITY #8: Plants at Camp Welaka

VIII. Identify three native plants of Camp Welaka

After completing six of the eight activities, fill out the Patch Program form and send it to the Service Center to obtain your patches.

Girl Scouts are concerned with personal enjoyment in the out-of-doors, with safety for themselves and others and the protection of the environment. The following guidelines will help you in achieving these goals.

GUIDELINE #1 - PLAN IN ADVANCE

Decide where you are going and how long you plan to be away, then notify the Ranger that you are participating in the Camp Welaka Then and Now Council's Own Patch program.

Use the Camp Welaka map to locate the places you want to visit.

Plan for restroom needs in advance.

Discuss what to do if someone becomes separated from the group.

Learn some hiking songs to sing along the way.

GUIDELINE #2 - WEATHER CONSIDERATIONS

Check the weather forecast in advance of the planned activity and dress accordingly.

Plan what to do in case of unexpected bad weather.

Wear socks without holes, sturdy shoes, dress in layers and take a hat for protection from the sun.

Pack so that your hands are free - wear things on your belt, use a knapsack or a jacket and pants with large pockets.

GUIDELINE #3 - OUTDOOR GOOD MANNERS

Protect living things. Look and leave for others to enjoy.

Walk in small groups. Use the buddy system and keep together.

Walk single file or in twos staying on the trails.

Be courteous: loud singing/shouting/games annoy others.

GUIDELINE #4 - SAFETY

Remember to take "Suzy Safety" with you always.

Play it safe: feed not nor pet not any animals you might meet along the way.

Always walk while in the out of doors to avoid injuries.

Check the first aid kit and take a First Aider with you.

Remember: sun screen, water and at least one flashlight.

Be responsible for your own safety, your buddy's safety and the safety of your group.

GUIDELINE #5 - HAS FUN AND ENJOY THE ACTIVITIES



GUIDELINES FOR SAFETY



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GUIDELINE #5 - HAVE FUN AND ENJOY THE ACTIVITIES



Camp Welaka Then and Now

Check out detailed instructions for this Patch Program at camp from the Camp Ranger.

Summary list:

- I. Review "Guidelines for Safety" (**required**) I_____
- II. Girl Scout wishes and paper airplanes II_____
- III. Learn and sing one of the Camp Welaka songs III_____
- IV. Visit and identify the units and at least five of the Special Places (**required**) IV_____
- V. Hike or canoe to Sea Cloud Circle. V_____
- VI. Visit and read the story about building the Peace Chapel. VI_____
- VII. Read about the first flag ceremony at Camp Welaka VII_____
- VIII. Identify three native plants of Camp Welaka VIII_____

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CAMP WELAKA THEN AND NOW A Council's Own Patch Program for Girl Scouts	
Jupiter Service Center 1224 West Indiantown Road Jupiter, FL 33458 Phone (561) 427-0177 Fax 561-427-0187	Oakland Park Service Center 4701 NW 33 rd Avenue Oakland Park, FL 33309 Phone (954) 739-7660 Fax 954-735-2402

TROOP # _____, Level _____, completed this program on _____ (date).

Leader's name _____

Address _____

Phone No. _____

No. of patches _____ x **\$1.50** = _____

Check enclosed.