



LET'S JOIN TOGETHER TO FEED FLORIDA AND WORK TOWARD A **HUNGER-FREE COMMUNITY.**

Suggested items to donate:

- Peanut Butter
- Jelly
- Mac & Cheese
- Canned Chili
- Spam
- Juices
- Spaghetti Sauce
- Shelf-stable Milk
- Coffee
- Canned Vegetables
- Canned Beef Stew
- Crackers
- Pork and Beans
- Cooking Oil
- Canned Fruit
- Bottled Water
- Pasta
- Ramen Noodles
- Rice
- Oatmeal
- Instant Potatoes
- Canned Tomatoes
- Snacks
- Cake/Cookie/Brownie Mix
- Beans (black, pinto)
- Spices (salt, pepper, sugar)
- Canned Meats (tuna, salmon, chicken)
- Canned Meals (ravioli, Spaghetti O's)
- Vienna Sausages
- Cereal
- Pancake Mix & Syrup

Please visit our [website](#) to see an updated list of drop-off locations accepting food donations.

PROGRAM DETAILS: COLLECTED FOOD DONATIONS

Use the suggested list above and work with girls to create small, local food collections at places of worship, schools, daycares, small businesses, neighborhoods, troop meeting place, parent's workplace, etc. Feel free to decorate and design flyers, too! Girls can also purchase food items with proceeds from their troop treasury. No matter the size of the collection, these donations will feed local residents!

RECEIVE A PATCH!

To receive your free Feeding Florida Together 2020 Patches, complete the donation [form](#) on the GSSEF website by September 5, 2020.

Please keep in mind that only the first 1500 girl participants will receive a patch.



What is food insecurity?

Food insecurity means that households were, at times, unable to acquire adequate food for one or more household members because they had insufficient money and other resources for food.

Some food for thought...

More than **37 million Americans** struggle with hunger

More than **11 million children** live in food-insecure households

5.5 million senior citizens currently face hunger

5.4 million households worry that their food will run out before they have money to buy more

2.6 million Americans report having lost weight because they did not have enough money for food

1 in 7 children may not know where they will get their next meal

40% of food is thrown out in the US yearly, which could feed 25 million Americans

Children facing hunger may struggle in school and repeat a grade, experience developmental impairments, and have more social and behavioral problems

For questions, contact Customer Care at customercare@gssef.org