



Field Day



Badge Overview

From friends playing in the park to countries competing against one another at the Olympics, games unite us all. And Girl Scouts have been inventing their own games since 1912! In this badge, you'll experience this firsthand by organizing teams and events for an exciting, do-it-yourself field day. *Note: As you go through this badge, be sure to write down how each game is played, what the rules are, and how a winner is determined. Also, be sure to know where you'd like your games to be played so you plan for the appropriate space!*

Badge Components

1. Team up and dress up

While you may not be ready to host a field day in the near future, it's important to plan early and get organized from when you are ready to play!

- You'll want to try to have at least 4 teams of 5, but feel free to go bigger if you would like! Earn this step by coming up with a team name and uniform for each team. Maybe "Team Purple Tigers" will wear purple shirts, and "Team Girl Power" will all have green bandanas!

Note: When you begin recruiting for your teams, you'll also want to make sure every team has a captain.

2. Host a historical game

Athletic competitions have been going on for centuries, with one of the most famous ancient ones being the Olympic Games.

- Earn this step by first checking out this [webpage](#) to learn more about the start of the Olympic Games. Then create your own game inspired by one of the original Olympic events! Maybe instead of a discus you use a frisbee, or instead of a horse-pulled chariot you use a wheelbarrow.

3. Play a scientific game

Games don't just have to work your body, they can also work your brain! It's time to challenge these teams to create something that can fly.

- Earn this step by preparing a paper airplane contest or a kite-flying challenge. What supplies will each team get? How long will they have to prepare? How will you determine the winner?

4. Find fun in fiction

There are many fun, fictional games that can be brought to life for your field day!

- Think about your favorite arcade, video, and board games. Earn this step by selecting one and creating a life-size game for your field day inspired by it! Maybe you create a chutes and ladders board in the grass with large dice, or maybe you turn the arcade game Galaga into a dodgeball-style game.

5. Stage your grand finale!

A pentathlon is an event made up of 5 different competitions. You want to have a strong finish on your field day, and this is the way to do it!

- Earn this step by creating pentathlon with one of the 2 themes below! Make sure that every team member participates in at least 1 competition, but you can require them to participate in more if needed.
- Puzzle Pentathlon—Have 5 quick puzzle challenges; they can be connected or separate. The team to compete all 5 correctly in the shortest amount of time wins!
- Relay Pentathlon - Create a relay race where teams have to go back and forth 5 times, with each leg of the race being a different challenge. Each leg can involve just 1 team member or multiple going together, and the team that finished the fastest wins!

Materials

- Something to write with
- Something to write on
- Access to internet

Florida Educational Standards

The content of all Girl Scout national proficiency Badges and Journeys have been correlated by grade level to national and state learning objectives.

Click here for more information on how Girl Scout Badge-work supports Florida's educational standards.



We love to see Girl Scouts in action. Snap a photo and send it to marcomm@gsef.org.

Include her name, troop# and the name of the badge she's working on and we'll feature her.

Finished with your badge? Now buy it for your Girl Scout Uniform. Order online at <https://www.girlscoutshop.com/SOUTHEAST-FLORIDA-COUNCIL> and we'll ship it for free.

.....
Questions? Contact customercare@gsef.org