



Hiker



Badge Overview

Through earning this badge, Brownies will learn how to have a fun, safe hike. Girls will learn how to plan for a hike from start to finish.

Badge Components

1. Decide where to go

Ask your parents for help and plan your hike. There are many types of hikes besides through the woods. An urban hike is a hike you take through a developed area. Make sure you think about how long your hike will be, if the area is safe, and remember your Leave No Trace principles.

- Leave No Trace [outline](#)

2. Try out a hiking skill

Create a map of your hike. Draw landmarks, trees, houses along the way so that someone else could follow your trail.

- Here is a [video](#) about making a map.

3. Pick the right gear

Go around your house and pack a bag for your hike. Think about weather, distance, time and what you might need to be a safe hiker.

- When you are ready, review this [link](#) and learn about the 10 essential items for hiking.

4. Pack a snack for energy

Think about a healthy snack to take on your hike that will give you a lot of energy on your trek. Remember, sugary snacks give you energy for only a short time. Ask your parents for help to pick a good snack for your hike.

- Here is a [link](#) that can help you can learn about healthy, hiking snacks together

5. Go on your hike

Grab your snack and throw it in your hiking bag; it's time to head out on your hike. Take some pictures of your adventure to share with friends.

Materials

- Paper
- Pencil
- Crayons, color pencils, or markers
- Internet access
- Hiking gear/supplies
- Hiking snacks

Florida Educational Standards

The content of all Girl Scout national proficiency Badges and Journeys have been correlated by grade level to national and state learning objectives.

[Click here](#) for more information on how Girl Scout Badge-work supports Florida's educational standards.



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We love to see Girl Scouts in action. Snap a photo and send it to marcomm@gssef.org. Include her name, troop# and the name of the badge she's working on and we'll feature her.