



Babysitter



Badge Overview

The magic age for babysitting is 12! That's when most girls say they began sitting—and it's the youngest age at which most parents say they will allow someone to babysit for their children. Whether you're getting ready to babysit in the future or have already started, this badge will help you become the best babysitter you can be.

We encourage you to take a First Aid & CPR Course or a Babysitter Course that includes first aid before you begin your babysitting career!

Badge Components

1. Get to know how kids develop

It is important to understand the development of a child as they have different abilities and needs throughout their growth.

- Earn this step by checking out this [webpage](#) to learn about ages and stages of child development for different age groups you see along the side menu. Use this information to complete the chart on page 1 of the [worksheet](#) by writing one milestone in each area.

2. Prepare for challenges

There are a variety of behavioral, safety, and emergency situations you have to be prepared for as a babysitter.

- Earn this step by talking to 3 moms, (you can include your own), about what situations a caregiver needs to be able to handle. Use these discussions to complete the chart on page 2 of the [worksheet](#) by describing some situations you could face and how you would handle them.

3. Focus on play

Toys, games, and activities aren't just for fun, they aid in a child's development. This is why it is important to find those that are most suitable for each age group.

- With your parent's permission, do some research on what toys, games, or activities would be great for each age group. Use your research to complete the chart on page 3 of the [worksheet](#) to list some options!

4. Find potential employers

It is important to know how to market yourself to your family, friends, and neighbors you may want to babysit for. Earn this step by creating a flyer and questionnaire for your potential employers.

- On the flyer side be sure to include your name, qualifications, what kind of babysitting job you are looking for, and when you are available to babysit.
- On the questionnaire side, ask questions such as number of children and their ages, if they have pets, basic house rules, what responsibilities they would expect you to complete, etc.
- Note: Never post your full name, address, or phone number on the Internet or have your materials placed in a public place. It's unsafe for strangers to have your personal information.

5. Practice your babysitting skills

Before the parent(s) leave, be sure you have all the information you need written on the [parent's form](#) or on a separate paper. Then it is time to have some fun with the child(ren)!

- Earn this step by planning a game, craft, or snack for the child(ren) you are planning to babysit! Be sure it is appropriate and safe for their age, and ask if there are any allergies you need to be aware of. Also, be sure that the parent(s) are okay with your plans!

Materials

- [Child Development Worksheet](#)
- Something to write with
- Something to write on
- Access to internet
- [Parent Form](#)

Florida Educational Standards

The content of all Girl Scout national proficiency Badges and Journeys have been correlated by grade level to national and state learning objectives.

[Click here](#) for more information on how Girl Scout Badge-work supports Florida's educational standards.

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Include her name, troop# and the name of the badge she's working on and we'll feature her.

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