



New Cuisines



Badge Overview

Cook up four dishes from across time and distance, and find out where your taste buds want to travel. When you've earned this badge, you'll be able to make amazing dishes from all over the world and way back in time.

Badge Components

1. Make a dish from another country

Earn this step by cooking a dish from an area of the world that you're curious about! Here is a link to some [recipes](#) for inspiration.

2. Create a dish from another region of the United States

Research and cook a regional specialty that's become a cultural phenomenon! You can use this [website](#) for some inspiration to cook a dish from a part of the U.S. that you've never tried before.

3. Whip up a dish from another time period

Earn this step by researching a dish from a period in time that fascinates you and then make it!

- Where and why was it served?

4. Cook a dish that makes a statement

Earn this step by making a recipe for a special diet! Research different diets that some people follow around the world and find a recipe that you would like to make that follows one of them. Examples of different diets include gluten-free, paleo, vegan, vegetarian, raw, and dairy-free.

5. Share your dishes on a culinary "tour"!

Earn this step by hosting a "new cuisine" party and serve one, or all four, of the dishes you made to your family. If you're not serving all of the dishes, design a menu with a total of four elements that compliments the dishes you are serving.

Materials

- Something to write with
- Access to internet
- Cooking utensils
- Ingredients for your recipes

Florida Educational Standards

The content of all Girl Scout national proficiency Badges and Journeys have been correlated by grade level to national and state learning objectives.

Click here for more information on how Girl Scout Badge-work supports Florida's educational standards.

We love to see Girl Scouts in action. Snap a photo and send it to marcomm@gssef.org.

Include her name, troop# and the name of the badge she's working on and we'll feature her.

Finished with your badge? Now buy it for your Girl Scout Uniform. Order online at <https://www.girlscoutshop.com/SOUTHEAST-FLORIDA-COUNCIL> and we'll ship it for free.

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